



Women's Centre Waitakere Events and Workshops

www.womenscentre.org.nz

**It is vital to register for all courses. Talk to Frontline or phone 838 6381
Changes Occur Often- Watch our website for Course changes**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10.15 – 11.45am Dealing with those difficult emotions Working with anger and other challenging emotions that can occur in everyday situations. 6 week workshop \$5 per session 24/07/2017</p> <p>Please call to register your interest.</p>	<p>9.30 – 11.00am Change, Growth, Transformation Breaking the cycle of unhealthy relationships (MSD Provider Course) 08/08/2017</p> <p>Please call to register your interest.</p>	<p>11.30 – 1.00pm Friendship Group Come along and join in our friendship group. Gold coin donation that goes towards Tea and Coffee.</p>	<p>9.30 – 3.30 Clothing Day Come and grab a plastic shopping bag of Women's Clothing. Size 10 – 22 Koha would be appreciated.</p>	